



CONGREGATION  
B'NAI TIKVAH

# TIKVAH TALK

June/July 2020

Walnut Creek, CA

Vol. 39 Iss. 4

## Reflections...

By Rabbi Jennie Chabon



Friends. I am writing to you on June 1st, although this article will not arrive at your homes for a few days or weeks. The country is literally on fire and in lockdown, as people use their outrage over the death of George Floyd to peacefully protest and loot and set fire to

the world around them. Walnut Creek and Oakland are on curfew tonight, as are many cities across the country.

This edition of Tikvah Talk is meant to incorporate June and July, but our world is so topsy-turvy, so upside down, that it feels impossible to write an article predicting what I will want to write about in a few weeks. And so I write for this moment. The news is changing rapidly day by day, from the contraction and expansion of COVID19, to our country standing up at a moment of civil rights outrage the likes of which we have not seen since Rodney King. Who will we be when this is over? Will our children remember this time as a definitive moment in their lives? Or will this just be another moment of fury that is only remembered by a few? And how are we called to respond?

In the Talmud in *masechet* Shabbat 54b it says:

“Anyone who can protest the actions of their household and does not, is held responsible for the actions of their household.”

Anyone who can protest the actions of their town and does not, is held responsible for the actions of their town.

Anyone who can protest the actions of the whole world and does not, is held responsible for the actions of the whole world.”

1500 years ago, the rabbis of the Talmud made it clear that it is our duty to stand up and protest when we see injustice around us. What that protest looks like is personal, but it has been an ethical and spiritual imperative of our tradition for as long as Judaism has existed. Racism, violence and inequality are not new to our world, which our ancestors understood all too well. It is because of the courage of generations before us that we are able to be the ones to safely protest today. And so we do. Perhaps it is a picture posted, or a sign held high at a rally, or phone calls made to communities of color asking how we can best serve during this time. Even just educating ourselves and learning about

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## President's Message

By Board President Judith Barrall



Dear CBT Family,

At the beginning of Shelter-in-Place, aside from all of the worry and concern that we were all experiencing, I had a secret thought: “good! Now I can clean out my garage! I will clean out drawers, closets and cupboards! My garden will be bountiful! Projects shall be accomplished! Watch out, Marie Kondo! This shall be grand!” 12 weeks later and my house is a constant mess, my garage is decorated in “19th century nouveau flea market,” and nary a drawer has been touched. In a flurry of ambition around mid-March, I embarked on my Tupperware cabinet with much gusto and I am proud to claim victory. But that is about it. Really. And the scary part? I have NO IDEA what I have been doing. I have not baked loaves of sourdough, I have not read many books, I have not dusted off my meditation practice and I have not even binged on Netflix.

One of the things that I have done, however, over the past 13 weeks is work on puzzles with my daughter. I do not like puzzles. But my daughter loves puzzles and I love her. When we are in need of distraction, or in need of focus, or in need of ignoring everything else, we “puzzle” together. Yes, it has become a verb in my house. She is very good at puzzles, quickly finding shapes and objects that seamlessly fit together. I, on the other hand, provide endless sources of amusement for her as I may find shapes that fit, but the design is clearly wrong. No matter, I put them together anyway. Eyes attach to feet, the sun ends up in the grass, shapes are akimbo, nothing makes sense, and I am bothered not a wit. Alternatively, I absolutely insist that some pieces should fit together, even though they clearly don't. There will be a gap between the pieces, or I will try to force those pieces into place. “Rotate,” she might say. I give her a confused look, rotate the piece and continue to shove pieces together. “The other way,” she softly advises. And like pure magic, the pieces suddenly fit! I am shocked that a simple rotation will allow shapes to merge together perfectly. Sometimes she will give me a knowing look and we will both burst out into belly-aching laughter and she will gently scold me and say “momma, see, when they fit together properly you won't need to force them.” I will look at her and hurumph that I need to un-do my puzzling effort. And we carry on, enjoying ourselves all the while. Working on puzzles together, we

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At Congregation B'nai Tikvah, we believe that a kind and vibrant Jewish community deepens and restores our sense of purpose and connection to the world. We are dedicated to learning, music-infused prayer, personal relationships and a commitment to social justice, and welcome all who are looking to explore the many innovative paths to meaning that Judaism has to offer.

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**Keren Smith**, Director of Membership & Education

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**Kathy Jacobs**, Office Coordinator

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**Raphael W. Asher**, Rabbi Emeritus

**Stephen Richards**, Cantor Emeritus

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## Contact

The CBT office is open by appointment only.

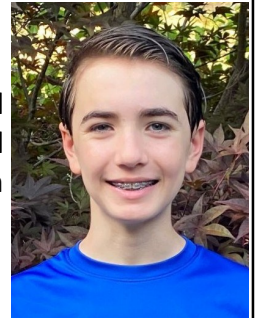
[office@tikvah.org](mailto:office@tikvah.org) (925) 933-5397

[www.tikvah.org](http://www.tikvah.org)

## Mazel Tov to our B'nai Mitzvah!



Bar Mitzvah of Leo Wornick  
Son of Christina & Jonathan Wornick  
Saturday, April 25th via Zoom



Bar Mitzvah of Isaac Paul  
Son of Jen & Ben Paul  
Saturday, July 4th

*Mazel Tov to our B'nai Mitzvah  
and their families!*



our newest Members  
to the  
B'nai Tikvah Family!  
**Justin Lurie**  
**Lisa & Lee Levy**

## Mazel Tov!

To our **NEWEST** Grandparents!

Susan & John Klein on the birth of their 5th grandchild!  
**Eitan Simcha Klein**. Born in NYC on Friday, February 21, 2020  
Parents are Sara and Joshua Klein

Judy & Walt Blum on the birth of their granddaughter,  
**Riley Emma Singer** born March 17, 2020  
Parents are Rachel & Darian Singer

Brad and Lorraine Rose Lerman on the birth of their grandson,  
**Sol River Rose** born May 26, 2020.  
Parents are Sara & Gabe Rose

To share your simchas, email us at: [office@tikvah.org](mailto:office@tikvah.org)

# Reflections...

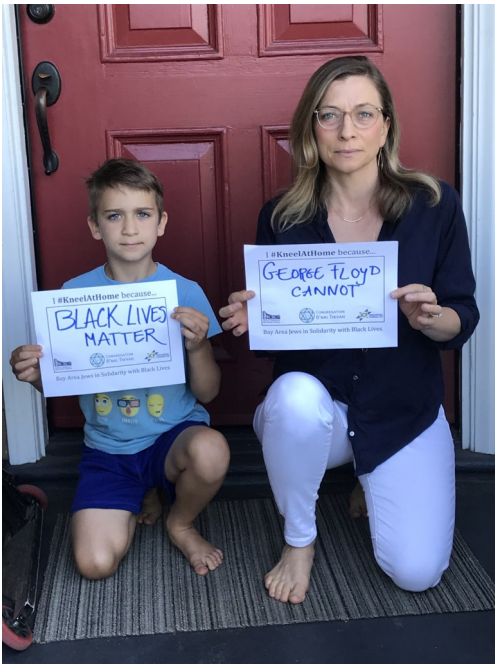
By Rabbi Jennie Chabon

*(Continued from page 1)*

why we are in this moment is a form of protest. Changing our minds changes our actions.

In a telegram to President John F Kennedy in 1963, Abraham Joshua Heschel wrote that the "hour calls for

moral grandeur and spiritual audacity." We must fight for justice with compassion and conviction, and yes, spiritual audacity. Let's use our incredible power and privilege for good and maybe this time, to quote Dr. King, "the arc of the moral universe will bend



## President's Message

By Board President Judith Barrall

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escape the world, and for now that is a gift.

During this time at home, I have watched the jasmine bloom and fall, listened to the newborn baby frogs croak in the dusk, marveled at three full moons, seen winter trees come into leaf, hydrangea start to bud, and tiny fruit start to form on my little trees. I play with the cats, wander my house, my yard, my neighborhood, and most specifically my own head. That is where the pieces make the least sense. It is like a puzzle, this time in our world and in my own particular life. And just like working on real puzzles, I try to jam the pieces together. There are gaps; pieces are mismatched. I want to fit it all together and find meaning and glean pearls of wisdom. But I don't, really. I can't solve this puzzle, and it is upsetting. But then I will remember the words of my daughter that forcing the pieces will ruin the puzzle. I know that when I find the right pieces they will fit together easily and gently.

## Religious School News

By Keren Smith, Director of Membership & Education



Friends, I miss being with you in person! I miss the youngest members of our community who run around the social hall during our K'tan Tan session filling it with laughter and happy noises. I miss all our students and the energy they bring with them everywhere they go. I

miss our teachers and madrichim who bring such joy and dedication to our community. I miss the parents of our students always chatting in the lobby committed to raising the next Jewish generation. I miss seeing our community members in the sanctuary and talking with you during onegs. And I even miss you who I have yet to meet, it is always so nice to talk to new people and get to know you. I miss you all immensely and yet I'm so glad when I see you on a Zoom call or in the chat room of a livestream service!

The past few months have been a roller coaster for me personally, and I confess that is not a ride I would ever choose to go on. I move from hope to despair, from feeling isolated to feeling a strong sense of community, from feeling a sense of helplessness to a sense of efficacy during this time. It has been a tough and trying journey, and I feel fortunate to have you, my loving and supporting CBT family alongside with me on this road.

As I navigate this new reality I have you to thank for being my anchor, for helping me through these turbulent times. I have always appreciated being part of the CBT family, but never so much as I have during the past few months. We have a special community; warm, nurturing and genuinely caring and supportive of one another. This warmth is palpable in the Sunday morning T'filah where students and parents come together as a community to enjoy each other's presence in a zoom room. This nurturing and supportive nature is evident in both of Rabbi's weekly gathering of Lunch and Learn (Tuesdays at 1:00) and Zoom & Zen (Thursday at 10:00 am) – if you haven't tried these classes I urge you to give it a shot.

Our community's best qualities came front and center in one of the best moments I had in the past few months during Shavuot Virtual Open Mic. We were joined by over 80 households in our community to share in our members' many talents, in the most loving and supporting venues I have ever entered in my life. That warmth and genuine care for one another came through even in this forum of virtual gathering.

I invite you to partner with me as we move forward in uncertain times. To come to the table *Continued on pg 4*

# Sisterhood News

By Rayna Ravitz, President

Hi Ladies,

Every year, for the past 15 years, I have told you about our wonderful Sisterhood Shabbat, trips to museums, involvement in galas, and books we read. So our wonderful Sisterhood Shabbat was all planned and then cancelled at the last moment. Our trip to the CJM turned out to be zoomed.

What has continued successfully is our BookSisters group. We zoom now and have had record attendance. You can eat a delightful dinner in your own kitchen and join in a good discussion without having to drive.

I wish I knew when life will return to some semblance of normal; my crystal ball fails me. I would like to think we could have our annual brunch. If there is a way to do that safely, I will let you know. I'm hoping we can get together for our annual Chanukah party. So many things are up in the air.

The gift shop is closed now but if you need something let me know and I will meet you there.

If you have an idea of an activity that we can share, let me know.

**Mah-Jong:** Several of us are playing Mahj on RealMahjongg.com. If you would like to play a game with us, contact Beth Riseman bethrise@sbcglobal.net.

I play as "Raynajo" It's not the same as being in the same room but it's better than nothing.

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**Book Sisters:** Below is the books for the next 2 months, however, I would be happy to hear of books you want us to consider.

**July: We Were The Lucky Ones** by Georgia Hunter  
Tuesday, July 21 - 6:45  
I found, We were the Lucky Ones to be a good read; we'll see if you agree.

**August: What We Take For Truth** by Deborah Nedelman  
Tuesday, August 18—6:45pm  
The book is available on Amazon. It is also available as an audiobook

We had planned to meet in person with author Deborah Nedelman. Due to Covid, we will be meeting with her via zoom

I had to change the order of books to accommodate her schedule. I hope you don't mind.

Stay Safe~ Rayna

## Annual Meeting

**Monday, July 6th**

**6:30 pm**

**via Zoom**

Let's join together as a community as we reflect on our past year and look forward to our future together. Join us for our annual meeting when we will present next year's Board of Directors slate and vote on the budget.

Zoom information will be sent a few days before the meeting.

Proxy Ballot and Budget information were sent at the beginning of June. You only need to send in your proxy if you will not be able to attend our zoom meeting. Please email us at [director@tikvah.org](mailto:director@tikvah.org) with any questions.

## Save the Date



**Blood Drive— Sunday, August 16th**

**More information about how to sign up coming soon.**

## Religious School News continued

By Keren Smith, Director of Membership & Education

*(Continued from pg 3)*

and help envision our future together, make our beloved CBT continue to be a thriving, welcoming and warm community. We have many ways for you to get involved, and your involvement makes a huge difference in our collective lives. In the words of Abraham Lincoln: "The best way to predict the future is to create it." Join us in continuing to make CBT the most special community for all of us.



# Contra Costa Midrasha

By Devra C. Aarons, CCM Director

It's hard to believe how different the world looks. We at Contra Costa Midrasha have worked to adapt to our new reality - all in an effort to support our teen's mental health: to ensure that their beloved social networks thrive, to continue the support and mentorship provided by our staff and to remind them that in our tradition we know how to brave the waters of hardship and uncertainty. Since our teens have asked for it, we are running a seven week virtual program called, "Summer Sheva," from June 24 - August 5th. In addition to our normal connections in partnership with our educators, we're also offering some special electives with professional chefs! This includes a delivery of ingredients for each night's elective so that you don't have to worry about shopping during this crisis. We plan to end the session with a "drive in movie" night.

The protests in May and June opened a lot of questions for our teens. Therefore, this summer CCM endeavors to offer a special "Hamsa Fund" session to deepen our teen's understanding of racism and white privilege. We'll aim to identify projects around advocacy, philanthropy and/or service to combat racism. We at Midrasha look to be in partnership with our teens to begin the search for the challenging questions we face in our country today.

Speaking of Hamsa Fund, our amazing group of participants from this year held their year-end ceremony on May 27th. We honored the four organizations they are funding: College Track, Jumpstart, SOAR for Youth and Jewish Family and Community Services of the East Bay. To learn more about their efforts read the article featuring their work in the J: [https://www.jweekly.com/2020/06/04/covid-19-cant-stop-these-jewish-teen-fundraisers-in-east-bay/!](https://www.jweekly.com/2020/06/04/covid-19-cant-stop-these-jewish-teen-fundraisers-in-east-bay/)

We had a deeply meaningful graduation on May 20th! Mazel Tov to B'nai Tikvah community members Max Hess and Marley Unger!

If, like me, you've been cooking up a storm during this quarantine time, then Midrasha has a treat for you! We have a cookbook! Visit our website to order yours day - only a limited number are available! [Ccmidrasha.com](http://Ccmidrasha.com)

We remain hopeful about the future. Therefore, we are moving forward with registration for 5781 or 2020-21. Enrollment is now live! Show your hope (and support of our work with the Jewish teens of our community) by signing up at: [www.ccmidrasha.com](http://www.ccmidrasha.com). Click on the "ENROLL" button at the top of our website.

For more information about any of our programs or to rsvp for an upcoming program, visit us at [www.ccmidrasha.com](http://www.ccmidrasha.com) or drop me a line at 925/944-4701 or my NEW e-mail address - [devra.aarons@ccmidrasha.com](mailto:devra.aarons@ccmidrasha.com).

## HICAP continues to serve Medicare beneficiaries!

phone



video conferencing



online learning



### Your usual Medicare questions

- Basics of Medicare
- Medigap
- Advantage plans
- Drug plans
- Low income assistance

### COVID-19-related situations

- Coverage of testing and treatment
- Coverage of telehealth
- Coverage of skilled nursing facilities
- Loss of employer group health plans
- Difficulties with filling prescriptions

### Contact your local HICAP for in depth, one-on-one counseling

Alameda (510) 839-0393	Contra Costa (925) 602-4163	Marin (707) 526-4108	San Francisco (415) 677-7520	San Mateo (650) 627-9350	Santa Clara (408) 350-3200 opt2	Solano (707) 526-4108
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Health Insurance Counseling and Advocacy Program ■ <https://cahealthadvocates.org/hicap/> ■ 1-800-434-0222

This project was supported, in part by grant number 9054PG02052-03-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.  Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

## Support B'nai Tikvah through the CBT Gift Shop

Do you have a B'nai Mitzvah approaching? Come see our selection of tallitot, jewelry, photo albums, and more. We have gifts for babies, newlyweds, your sweetie.



You can also browse our inventory ONLINE. Select the shopping cart icon on the CBT Website.

### Your purchases directly support CBT.

The gift shop is open by appointment. Call Rayna Ravitz or Kathy Jacobs in the office to make an appointment.

# Services at CBT



## Shabbat Services Online

Join Rabbi Chabon accompanied by Lisa Zeiler most Fridays at 6:30pm\* for Shabbat Services.

Services can be seen on Facebook Live or our website.

For the most up to date information check your weekly email.

\*See "Welcoming Shabbat" below for 2nd & 5th Friday schedule

## First Friday's Family Shabbat

6:30 via Facebook Live

Fun, family-friendly services with interactive stories, prayers and melodies religious school children will recognize and everyone will enjoy.



## Welcoming Shabbat

Second & Fifth Friday of the Month  
5:00 pm via Zoom

Join us as we prepare to enter Shabbat together in song and community. We will sing Shabbat melodies, chant the Misheberach for those in need of healing, and recite Kaddish. We will end our time together by lighting Shabbat candles.

Zoom links and information will be in the weekly email.



## Shir Joy Shabbat

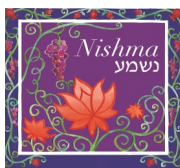
Join Rabbi Chabon & the Shir Joy Band\*  
for a **joyous Shabbat service**  
featuring live music, song & prayer.

Third Fridays\*\*

July 17, August 21, 2020

Via Facebook Streaming

\*Online streaming Shir Joy will feature Lisa Zeiler on guitar.



## Nishma We Will Listen

We are so excited to bring Nishma back August 8th, 10am online.

Join us for a Shabbat morning musical worship experience with Rabbi Chabon featuring live music, song, and prayer.

Online link will be provided in the weekly email.

# Upcoming Programs at CBT



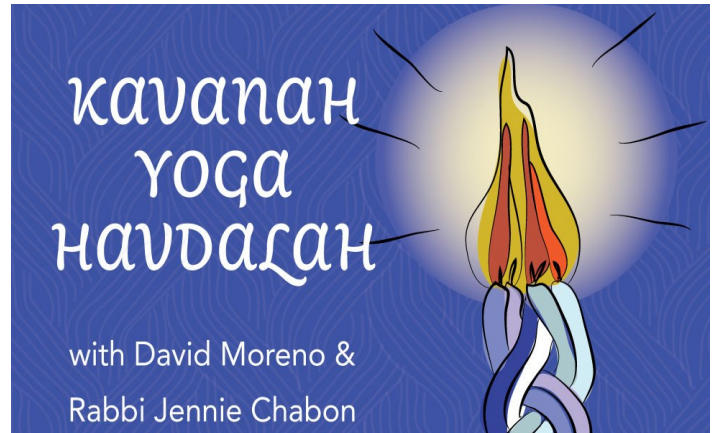
## Online Lunch & Learn with Rabbi Chabon

Tuesdays at 1:00 pm\*

Join Rabbi Chabon for our weekly Lunch and Learn online! Bring your lunch and join us for what we hope will be one of the best parts of your week.

Zoom information will be provided each week in the Monday email.

\*Summer Tuesdays will vary.



**First Saturdays, 6:00-7:30pm**

**beginning August 1**

Held Via Zoom

Suggested contribution, \$15-\$25 Sliding Scale to David Moreno

Join Senior Yoga Instructor David Moreno and Rabbi Jennie Chabon for a one of a kind Havdalah experience as we weave together yoga, song & Torah in a beautiful and meaningful celebration of Havdalah.



## Zoom & Zen with Rabbi Chabon

Thursdays, 10:00-10:45 am\*

Looking to connect, see some friendly CBT faces and just chat with one another? Join Rabbi Chabon for a spiritual check in as we try to gain a little more balance in today's world.

Zoom information will be provided each week in the Monday email

\*Summer Thursdays will vary.



## CHESED SEEKS NEW MEMBERS

### Can you help?

The Chesed committee is a list of CBT congregants who have made themselves available to assist other congregants in time of need. Some of our activities include:

- Providing rides to medical appointments;
- Providing meals on a temporary basis for those who have recently been ill or hospitalized;
- Visiting the sick;
- assisting elderly congregants with minor home maintenance tasks; etc.

We are always looking for new members to help share the load. If you are interested in joining us, or if you are in need of assistance, please email Bert Gunter at [bgunter.4567@gmail.com](mailto:bgunter.4567@gmail.com) or call him at 925-247-4456.

Thank you! It's a mitzvah!



# Contributions March-June 2020

## GENERAL FUND

In memory of Avrum Girsch Malkov  
In memory of Fanny Malkov  
In memory of Stella Malokova  
In memory of Velly Malkov  
In memory of Zodick Malkov  
In memory of Mehail Malkov  
In memory of Ada Yetskaya  
In memory of Lev Malkov  
In memory of Udlya Yatskayir  
*Rakhil Sadetskiy*  
In memory of Ann Dienst  
*Gloria Kemna*  
In memory of Alice & Edward Chakoff  
*Jackie Chakoff*  
In memory of Geniya Hesin  
In memory of Abram Eyzerman  
*Geniya Levikova & Carlos Trujillo*  
In memory of Thelma Cohn  
In memory of Philip Cohn  
In memory of Shirley Brooks  
*Annette & Michael Cohn*  
In honor of Irene and Art Korn  
In honor of David Speckland's 80<sup>th</sup>  
birthday  
In memory of Beverly Bikoff  
In memory of Ted Kaplan  
In memory of Fred & Hannah Carter  
*Rayna & Richard Ravitz*  
In memory of Ruth Schottland  
*Rachel VanCleave & Joe Schottland*  
In memory of Abraham Kurzrock  
*Carol & Matthias Kurzrock*  
In memory of Lucille Winslow  
*Beverly & Phillip Winslow*  
In memory of Shirley Maslin  
In memory of Sidney Deutch  
In memory of Jack Maslin  
In memory of Ben Silberman  
*Marcia & Harvey Maslin*  
In memory of Robert Salusky  
In memory of Mary Kimball Sutherland  
*Monica Salusky & John Sutherland*  
In memory of Hermina Davidson  
*Diane & Victor Leventhal*  
In memory of Jo Peterman  
In memory of Larry Stelly  
*Jessica & Josh Peterman*  
In memory of Elaine Unger  
*Judith & Scott Barrall*  
In memory of Mimi McCullough Tullis  
In memory of Bertha Sheldon  
*Christine & Murray Sheldon*  
In appreciation of Shir Joy  
*J. Elliot Samuels*  
In memory of William Bushell  
*Yoni & Barry Bushell*

In memory of Edgar Kornhauser  
*Nancy Friedman*  
In memory of Milton Zagon  
*Kimberly & Brian Zagon*  
In memory of Anna & Solomon Patipa  
*Judi & Larry Delowe*  
In memory of Loretta Schwartz  
In memory of Marilyn Assael  
In memory of Sheri Garay Rosen  
*Melissa & Brian Assael*  
In memory of Hanna Carter  
*Danita Daniels*  
In memory of Judi Kay Brown  
*Chelsea & Glenn Wechsler*  
In memory of Manes Fenichel  
In memory of Martha Greenberg  
In memory of Heinz Fenichel  
*Ellen Fenichel*  
In appreciation of CBT  
*Joan & Dick Schwartz*  
In memory of Howard Goldin  
*Trish & Jared Goldin*  
In memory of Craig Berkus  
*Alvin Trepper*  
In memory of Naum Sadetskiy  
*Natalia & Michail Sadetsky*  
In memory of Jean Shaw  
*Ellin & Craig Sadur*  
In appreciation of CBT  
*Adena Gilbert*  
In memory of Phyllis Sirota Lutzker  
In memory of Herman Sirota  
*Ann & Stuart Lutzker*  
In memory of Ruth Karmioli  
In memory of Ernest Rackmil  
*Bonnie & Jeff Rackmil*  
In memory of Mel Tobias  
*Carol & Allan Tobias*  
In memory of Joyce Moebius  
*Mery Chaney*  
*Sema & Robert Gevirtzman*

## RABBI CHABON'S DISCRETIONARY FUND

In memory of Barbara Goldstein  
In memory of Harry Moebius  
*Joyce Moebius*  
In memory of Nathan Lerner  
In memory of Morris Lerner  
In memory of Jean Glazer  
In memory of Etta Rankin  
*Nessa & Bob Wilk*  
In honor of Rabbi Chabon  
*Suzanne Goldstein*  
In memory of Robert Kemna  
*Gloria Kemna*

In memory of Walter Schoenholz  
*Debbie & Michael Schoenholz*  
In memory of Morris Kaplan  
In memory of Milton Colton  
In memory of Fanny Cohen  
In memory of Sarah Kaplan  
*Iris Kaplan*  
In memory of Barbara Hirsch  
In memory of Anne Devins  
In memory of Morris Devins  
*Joan Weinstein*  
In memory of Gussie Tama  
In appreciation of service for Nathan  
Stone  
*Sharon & Hugh Tama*  
In honor of Harry & Marry Ann  
Wittenberg  
*Jane Martin & Michael Samuel*  
In memory of Brett Wilk  
*Nessa & Bob Wilk*  
In appreciation of Irene Jacobson  
*The CBT Choir*  
In memory of Dora Potuto  
*Julie & Joseph Patute*  
In memory of Anne Levy  
*Susan Desmond*  
In memory of Arthur Scharlach  
*Lynette & Alan Scharlach*  
In memory of Ilene Applebaum  
*Randi & Todd Goldman*  
In memory of Ilse Schoenholz  
*Debbie & Michael Schoenholz*  
In memory of George Gershen  
*Cindy Gershen*

## EMERITUS RABBI ASHER'S DISCRETIONARY FUND

In memory of Henry Daniels  
In memory of Hanna Carter  
*Danita & Jeffrey Daniels*  
In appreciation of Rabbi Asher  
*Ellen Fenichel*  
In the spirit of giving  
*Julie & Joseph Patute*

## CANTOR'S MUSIC FUND

In appreciation of Rabbi Chabon & Lisa  
Zieler  
*MaryAnn & Harry Wittenberg*  
In appreciation of Robin Gordon's driving  
skills  
*Carol Teitelman*  
In honor of Rabbi Chabon's Installation  
*Paula & Mike Weintraub*  
In memory of Stanley Levyn  
*Terri & Brent Waterman*  
In memory of Shevelin Fischer  
*Michael Fischer*



# Contributions Continued

In memory of Carol Rubenfeld  
In memory of Harry Bloom  
*Susan & John Rubenfeld*

In memory of Samuel Goldenberg  
*Ruth & Larry Goldenberg*

In memory of Betty Blum  
*Judy & Walt Blum*

In memory of Marlene Micco  
*Faith Micco*

In memory of Lou Hirsh  
*Cookie Svingos*

## CANTOR STEPHEN RICHARDS CHOIR FUND

In memory of Allen Teitelman  
In memory of Moshe Teitelman  
In memory of Samuel Teitelman  
*Carol Teitelman*  
In memory of Edna Richards  
In memory of Harvey Sidney Morse  
*Cantor Stephen & Marjorie Richards*

## JAMES COHEN SCHOLARSHIP FUND

In appreciation of Dr. Anna Corwin  
*Judy Blum*

In memory of Ted Deutsch  
In honor of Irene and Art Korn  
*Judy & Walt Blum*

In memory of Lois Maisels  
In memory of Janet Zeimer  
In memory of James Cohen  
*Sally Cohen*

In memory of Virginia Becker  
In memory of Paul Arnon Klein  
In memory of Stephen C Becker  
*Susan & John Klein*

In memory of Charles Wechsler  
*Chelsea & Glenn Wechsler*

## STEPHAN JASPAN RELIGIOUS SCHOOL FUND

In memory of Nathan Bronstone  
In memory of Isaac Bronstone  
*Madeleine & Trace Bronstone*  
In memory of David Fischer  
*Michael Fischer*  
In memory of Frances Weiner  
*Shirley & Jeffrey Weiner*

## ABRAHAM NIVER SCHOLARSHIP FUND

In memory of Billy Conners  
*Patti & Lorry Marcus*  
In the spirit of giving  
*Michelle Meyers & David Adelberg*  
*Andrea & Ben Slavet*  
*Valerie & Glen Thygesen*  
*Carolyn & Eric Weiner*

## MORDOH/NADJARI HOLOCAUST FUND

In memory of Meyer Krysz  
In memory of Rosa Krysz  
*Shirley & Jeff Weiner*

In memory of Israel Nadjari  
In memory of James Welch  
In memory of Sam Molho  
*Zaffy Welch*

## RODEF SHALOM SECURITY FUND

In memory of Mary Blumberg  
In memory of Sarah Goldstein  
*Estelle Goldstein*

## SOCIAL ACTION FUND

For immigration rental assistance  
In memory of Leon Glickman  
*Judy Gordon*  
In appreciation of Chesed support during my recovery  
*Amy Lichtenstein*

In support of Immigrant Emergencies  
*Angela & David Goldstein*  
*Tina Guterman*  
*Julie & Alan Stokol*  
*Beth & Jonathan Mintz*  
*Cookie Svingos*  
*Anonymous*

## HELP THE MORTGAGE FUND

In honor of Rabbi Chabon's Installation  
*Rayna & Richard Ravitz*  
In memory of Marvin Maslin  
*Marcia & Harvey Maslin*  
In memory of Lawrence Berger  
*Kathy & Marc Berger*

## CULTURE OF GIVING

In appreciation of CBT and Sponsorship of Homecoming Shabbat 2020  
*Trish & Jared Goldin*

## PRAYERBOOK FUND

In memory of Melva Blink  
In memory of Leah Gordon  
*Robin & Larry Gordon*



## Looking for a Calendar?

Get the latest updates, event information and clergy reflections on our website.

[www.tikvah.org](http://www.tikvah.org)



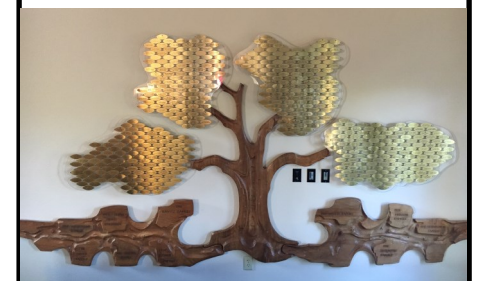
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\*Add a miniature keepsake brick to your order for \$72

# Assistance Resources



While sit-down meals at Contra Costa Cafes and other group activities are being cancelled to prevent the spread of COVID-19, alternative programs can provide connection if you are alone or feeling isolated. Below are free ways to learn something new or have a comforting chat with a trained volunteer.

## Covia - Well Connected Program

Available to any older adults who are limiting their in-person interactions for safety reasons, but still want to be connected to others.

Activities for older adults in Spanish and English are available from HOME via phone or computer.

### Well Connected Español

**Website:** <https://covia.org/services/well-connected/bien-conectado/>

**Current Catalog:** [https://covia.org/wp-content/uploads/2019/12/WC-Espanol-Winter2020\\_FINAL-1.pdf](https://covia.org/wp-content/uploads/2019/12/WC-Espanol-Winter2020_FINAL-1.pdf)

**Spanish WCE Facebook:**  
<https://www.facebook.com/CoviaWellConnectedEspanol>

### Well Connected in English

**Website:** <https://covia.org/services/well-connected/>

**Current Catalog:** <https://covia.org/wp-content/uploads/2019/12/Well-Connected-Winter2020-FINAL.pdf>

**English WC Facebook:** <https://www.facebook.com/CoviaWellConnected/>

## Assistance League of Diablo Valley - TeleCare

TeleCare provides a daily reassurance call to housebound people, for the health and welfare of the client, as well as for a friendly chat and exchange of ideas. Trained volunteers call clients Monday through Friday mornings, beginning at 9 a.m.

**Call (925) 934-0901**

<https://www.assistanceleague.org/diablo-valley/philanthropic-programs/telecare/>

CONTRA COSTA COUNTY

EMPLOYMENT & HUMAN SERVICES

# Assistance Resources

## Coronavirus (COVID-19)



The Contra Costa County Employment & Human Services (EHSD) Volunteer & Emergency Services (<https://ehsd.org/elderly-disabled/volunteer-and-emergency-services/>), in partnership with San Francisco Chronicle's Season of Sharing (SOS) (<https://seasonofsharing.org>) Program, provides emergency relief for families and individuals adversely impacted by the COVID-19 pandemic. Payments will cover applicants who face a sudden crisis or shortfall due to job or wage loss resulting from COVID-19. All cases are subject to review including any required documentation to meet the criteria for eligibility. Funds are available on a first-come, first served basis.

### Who is eligible to apply?

- Families with children under age 18.
- Permanent or temporarily disabled individuals.
- Older adults over age 55 years old.
- Veterans
- Foster youth or Transition Age Youth (19-24 years old)
- Victims of domestic violence

### Eligibility criteria

- **Proof of crisis:** please provide supporting documentation as to your emergency situation.
- **Proof of residency:** currently living in Contra Costa County.
- **Must not have received a prior SOS grant** within past five years.

### Types of assistance

- Rental or Mortgage Payments
- Deposits and other housing expenses (e.g. water and garbage)
- Furniture
- Transportation (e.g. emergency car repair paid as rental assistance)
- Medical equipment (not covered by medical insurance)

### Contact

For more information or to apply for Season of Sharing, please contact the SOS hotline at (925) 521-5065.

For questions, contact **Cindy Smith**, VES Program Coordinator, at (925) 521-5062 or [csmith@ehsd.cccounty.us](mailto:csmith@ehsd.cccounty.us); or **Alvaro Florez**, SOS Coordinator at (925) 521-5063 or [aflorez@ehsd.cccounty.us](mailto:aflorez@ehsd.cccounty.us). Visit Contra Costa County EHSD, VES for more details.





# CBT Shelters in Place

Through Zoom, Facebook Live streaming, Shabbat calls and other check-ins, CBT has been staying connected.

Drive by grocery drop off, food donations, and our blood drive in August, we support our community and beyond.

Thank you to all who have been there for others!



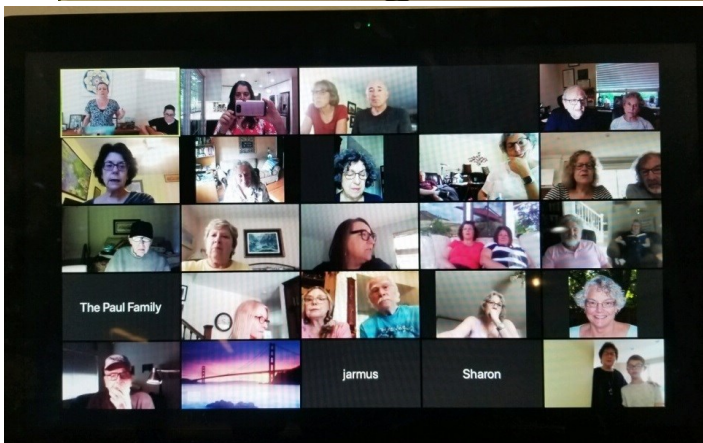
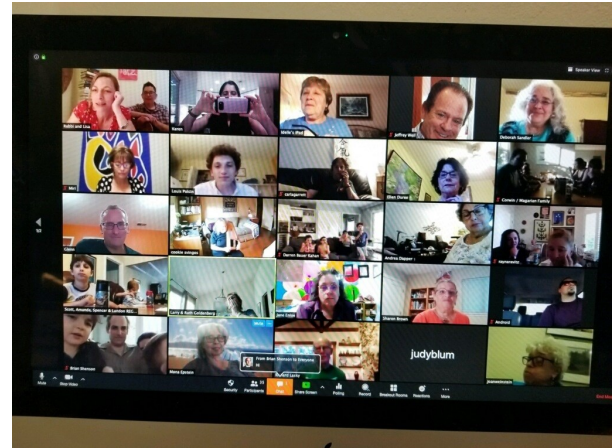
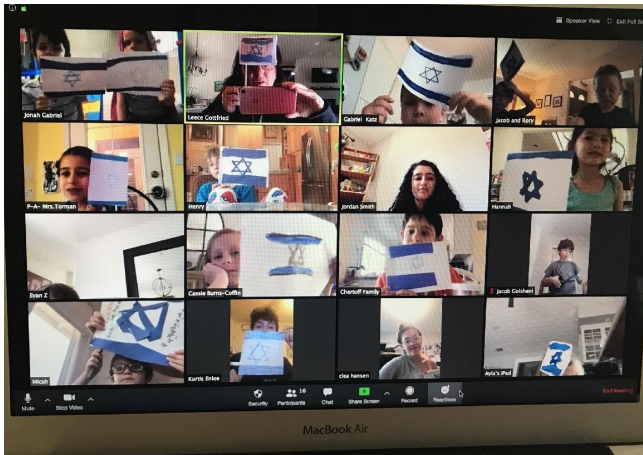
We all look forward to being together in person again.

Until then—virtual hugs all around!

*Sending virtual hug*



*loading...*

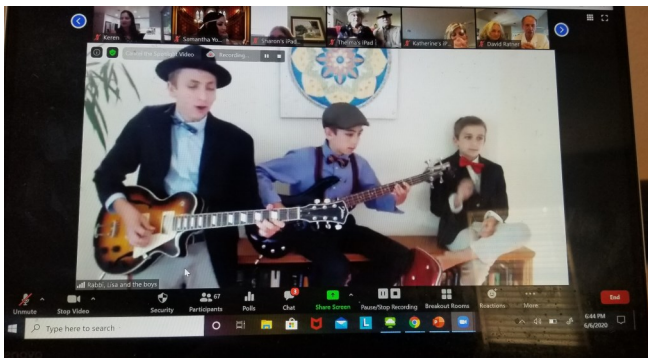




# Roaring into the '20s with CBT

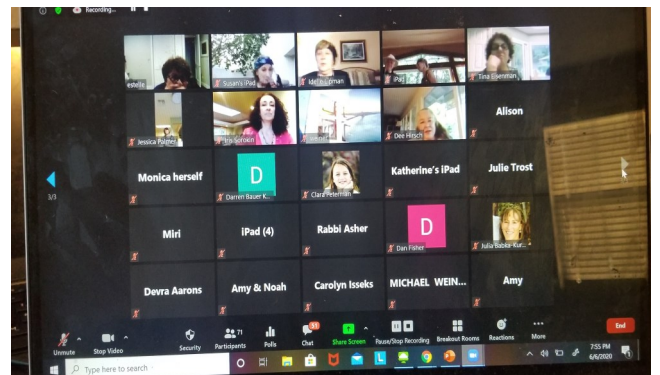
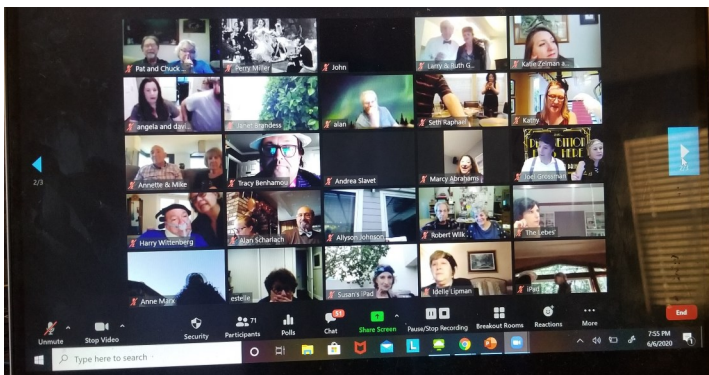


Thank you to Lori Siegel and the Gala Committee for our fabulous first ever Zoom Gala. Our amazing community raised over \$105,000. It was truly a special evening as our community came together to sing and celebrate. Thank you to everyone who donated and the many people who contributed to make it a one-of-a-kind night!



From vacation accommodations, baseball coaching, personal face masks, wine and more—CBT came through!

Over 75 CBT households attended the Zoom event and were treated to song, love and laughter. We cherish you!





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Email office@tikvah.org or call 925-933-5397

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# Security Matters

**Presentation, Q & A – July 2, 2020 @ 7 PM**

*Learn about security upgrades coming soon to CBT and get your questions answered!*

It's no secret that security has become a growing concern for Jewish organizations. Being prepared is essential to avoiding threats, and we have been working behind the scenes to protect our CBT family and lovely community home.

Please come and be part of the conversation about matters that affect all of us. In this meeting, we will:

Review the security measures approved in the new \$200,000 Nonprofit Security Grant

Learn about building upgrades coming soon

Answer your questions

We look forward to seeing you on Zoom!

Membership Renewal Information will be mailed soon. We will have a separate mailing with High Holiday information this year.