

# TIKVAH TALK

February/March 2019

Walnut Creek, CA

Vol. 38 Iss. 3

# Shalom, B'nai Tikvah!



By Rabbi Rebecca Gutterman Shalom, B'nai Tikvah!

There's a popular joke that travels through word of mouth... and these days, via email and Facebook too. You're likely to come across it in the weeks preceding most Jewish holidays. "What are we celebrating?" the joke asks. "They tried

to kill us. We won. Let's eat!" And like many jokes, there's a nugget of truth there. By and large, Jewish holidays do celebrate our tenacity in the face of religious persecution, and our survival time and again over nearly insurmountable odds. The delicious and distinctive food which graces these celebrations is a common theme too, of course. So what sets Purim apart? And what does it teach us in our day?

Purim is a holiday where from the beginning of the story, nothing is as it seems. Though it opens with a raucous banquet, darker intentions towards the Jews of Persia are quickly revealed. Esther, the new queen, is a quiet and self-contained presence in the palace until she takes on a singular act of courage to save her people. And Haman, the king's advisor who plans for the Jews' annihilation, in the end, receives the very consequence he had intended for them. Meanwhile, Esther's uncle Mordechai is given the honor Haman had so coveted for himself.

Perhaps because the plot twists of the Purim story are so surprising and satisfying, it gives us the freedom to experiment with a lighter reaction to serious events. On Purim, we laugh in the face of this story of persecution and near destruction. We celebrate with noise, costumes, and opportunities to step out of our everyday selves. We experiment with blurring distinctions we normally uphold, as our Sanctuary becomes a place for joyful mayhem and we are encouraged to sip a drink (or more) until we can no longer tell the difference between Haman and Mordechai.\* We even turn the hate of the villain who nearly wiped us out into a festive delicacy!

With Purim, we have wrested comedy from tragedy. This holiday reminds us that as we take the lessons of our past to heart, it is just as important to make the laughter and joy that lives within Judaism an active part of our religious lives. Our rabbis teach that with the Hebrew month of Adar in which Purim falls, our joy increases. For all of us, may it indeed be so.

\*Secular drinking age applies here!

## REFLECTIONS...

By Cantor Jennie Chabon



This winter, I took a class called 'Talmud and Text as a tool for spiritual counseling', taught by a rabbi who is the Director of Spiritual Counseling at Beit T'shuvah in Los Angeles. Beit T'shuvah is a residential addiction treatment center, and, according

to their own mission, "a congregation and educational institute where life is celebrated and every soul matters." It would be easy to read that mission with a sprinkling of cynicism, to doubt that any institution, especially one that houses the formally incarcerated and addicted, could be open to welcoming every soul, no matter who you are or what you have done in your life. But after spending 30 hours learning with the rabbi who directs their spiritual counseling, I believe it. The rabbis, teachers and counselors who run Beit T'shuvah truly believe that every single person is deserving of redemption in this life, no matter what.

Some of you may remember that on Rosh Hashanah I spoke about my pen-pal, who is an incarcerated man in Southern California. We have continued to write to one another since then, and I have been impressed, over and over again, by his musings about Judaism: "The Jewish peoplehood is about connection between people, a feeling of belongingness, to a community of the past, present, and future. The way we speak about peoplehood has to change and be expanded to explicitly include our diverse community of different faiths, cultures, and ethnicities."

In my class this winter, the word connection came up many times. Connection as the secret to our survival. Connection as the opposite of addiction, not sobriety. As my pen-pal says, Judaism is about connection, across the generations. Without connection, we all run the risk of falling prey to our own loneliness and isolation, and in that space, to making poor choices that lead us down paths to nowhere good. At the end of our semester, our teacher asked us to consider what we would do if Bernie Madoff came to us for spiritual counseling, or if Harvey Weinstein wanted to join our community. How would we respond? Would we say no thank you, your sins are just too great? Would we say that we are only in the business of welcoming people who we deem worthy or good enough? My teacher pushed us hard. What if

(Continued on page 7)

At Congregation B'nai Tikvah, we believe that a kind and vibrant Jewish community deepens and restores our sense of purpose and connection to the world. We are dedicated to learning, music-infused prayer, personal relationships and a commitment to social justice, and welcome all who are looking to explore the many innovative paths to meaning that Judaism has to offer.

## CONTACT

Temple Office (925) 933-5397

Office Hours: M - Th 9am - 5pm, F 9am - 3pm

Fax (925) 933-6833 E-mail: office@tikvah.org

www.tikvah.org

# STAFF

Rebecca Gutterman, Rabbi

Jennie Chabon, Cantor

Raphael W. Asher, Rabbi Emeritus

Stephen Richards, Cantor Emeritus

Ariel Luckey, Temple Administrator

Keren Smith, Director of Education

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# MAZEL TOV TO OUR BAT MITZVAH!



Bar Mitzvah of Alexander Miller Son of Maryanne & Justin Miller Saturday, February 9th



Bar Mitzvah of Ben & Jacob Lebe Sons of Jessica & Tony Lebe Saturday, February 16th





Bar Mitzvah of Brandon Corbett Son of Stacey Epstein-Corbett & Danny Corbett Saturday, February 23

Bar Mitzvah of Nate Greenberg Son of Wendy & Marc Greenberg Saturday, March 16th



Shabbat Services begin at 10am.
The Congregation is invited to attend.

Mazel Tov to our B'nai Mitzvah and their families!



#### TO OUR NEWEST MEMBERS!

Ariel Ben-Zeev

Danica & Matt Gross

Scott Kuehner

Jessica Palmer

# PRESIDENT'S MESSAGE

By Dan Lapporte



Shalom B'nai Tikvah Family and Community -

True to form, the last few months have been very busy at B'nai Tikvah, and I wanted to provide some updates for all of you and of course wish you all a happy (secular) new year!

Perhaps the most significant update since the last issue of Tikvah Talk is the fact that you overwhelmingly agreed with the Pulpit Committee and Board approving Cantor Chabon as the next rabbi of B'nai Tikvah following her ordination as a rabbi in a few months!! Two key facts from the vote:

First, 76% of our membership voted in our first electronic voting process. We also offered paper ballots ahead of the vote. This is an all-time high for voter participation at B'nai Tikvah. For comparison, 47% of the voting population participated in the 2018 midterm elections.

Second, as I outlined in my December 19 e-mail to our membership, 93% of the membership that voted agreed that this is the right direction for our community. I couldn't agree with that 93% more. I also look forward to doing what I can for the 7% who voted no to better understand concerns and look forward to making our transition smooth and our future bright.

And of course, a hearty Yasher Koah! to Cantor Chabon as she transitions with us. We look forward to many bright years ahead!

Another significant event took place at B'nai Tikvah that I shared with you via e-mail and Rabbi Asher, our Rabbi Emeritus, spoke about at the Joseph Asher Memorial lecture on January 11. On Friday, December 21, for the first time in our history, we experienced a visitor creating a disturbance during one of our services. Fortunately, there was no violence, but the outburst frightened a few congregants including children in attendance. We filed a police report and have been following up, but, because no crime was committed, it's unlikely there will be a specific resolution.

Please know that we take security at B'nai Tikvah very seriously and have formed a security task force and a new special fund dedicated to security to address any procedural and capital recommendations to improve security. Some of you have already contributed to the Rodef Shalom Security Fund which you'll see listed with our other special funds on page 6 of Tikvah Talk. As I learned from talking with other local synagogue presidents and local and national security specialists.

# **RELIGIOUS SCHOOL NEWS**

By Keren Smith, Director of Education



Magical Evening

Almost a year ago on Friday, February 9th, I hosted a lovely Shabbat in my home with nearly thirty of our CBT neighbors; neighbors I didn't know I had before this event. For my family it

was easily one of the most special evenings of the year, getting to know our community better and deepening friendships. It gave us the opportunity to sit and talk over a nice dinner (while the kids were running around) with other CBT families. Our kids who ranged from ages 2 – 14 also had a fantastic time eating dinner together and playing – it was so sweet to watch. I discovered that evening not only that Tom Clennel makes an awesome Challah (see in picture below), and that Jeff and Shirley live just down that street from me, but that I was surrounded by my community even in faraway Clayton.



Our group was one of hundred and fifty-six people from our congregation that gathered for our first annual Shabbat on the Block, then called Shabbat in the Hood. This evening was designed to create an opportunity for us to get to know people in our geographical proximity across generations and to enjoy celebrating Shabbat with a nice meal in our homes rather than a beautiful service at temple. I want to recognize Jenifer Paul for volunteering to organize this event. Last year Jen spent hours reaching out to people and puzzling all the pieces together in a way that only she can. We all enjoyed this evening due to her hard work behind the scenes – Thank you so much, Jen!

All the families that attended this event last year absolutely loved it. On the end of year survey to the

continued on page 4 continued on page 5

# SISTERHOOD NEWS

By Rayna Ravitz, President

We were all disappointed to have to postpone our January event with Ernie Glazer as he was not well. We hope to reschedule when he feels well.

For the Mah Jongg schedule, contact Beth Riseman bethrise@sbcglobal.net.

If you are interested in an afternoon game, contact Barbara Grossman at bsgasg@sbcglobal.net.

If you are not receiving emails from me with updates usually twice a month, please email your address to raynaravitz@gmail.com

#### **UPCOMING EVENTS**

- Tuesday, February 19 6:30 Book Sisters at CBT
   <u>Patrimony</u> by Phillip Roth

   Potluck Dinner, dairy or vegetarian only.
- Sunday, March 3 2:20 International Jewish Film Festival Century Theater in Pleasant Hill
   "Almost Famous" Mean Girls meets American Idol in the romantic musical comedy.
   Tickets at eastbayjewishfilm.org
   Meet for lunch before at Jacks Urban Eats at 12:30
- Friday, March 15 7:30 Shir Joy Sisterhood Shabbat

Speaker from "A Brighter Day"

Always a highlight in our year – our woman of the year presentation will be this night. Sisterhood will provide the Oneg. Susan Desmond will coordinate food and service parts. Contact Susan if you are willing to have a part in the service at susan@jarsdesmond.net

- Tuesday, March 19 6:30 Book Sisters at CBT <u>Small Great Things</u> by Jodi Picoult
- Sunday, March 31 In collaboration with CCJCC Under One Tent. CBT Women of the Book Event 3:30pm: A slide presentation of the work of 54 Jewish Women that created artwork on parchment, one for each torah portion will be presented. www.womenofthebook.org
- Tuesday, April 16 6:30 Book Sisters at CBT Educated: A Memoir by Tara Westover
- May 21, 7:00pm Presentation by Ernie Glaser of his book and life: <u>A Life Well Lived: Berlin</u>, Shanghai, and America.

# PRESIDENT'S MESSAGE

By Dan Lapporte

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these events are not unique but are very isolated. You can expect to hear more about security in the coming months, but for now, please observe the following:

We are reinforcing our greeting procedures at services and events. We will close and lock the door 15-minutes after the service starts. At services where we have a board member present as a greeter, that greeters' cell phone number will be posted with instructions to call or text if you arrive late. If there is no board member present, we have created a laminated sheet available in the office listing the procedures. We are striving to balance our warm and welcoming atmosphere with increased vigilance on accessing our facility.

The access codes to the building have been changed. If you have a valid reason for having a code, please contact Ariel in the Temple office. Note that we will be judicious in distributing access codes.

It's unfortunate that I need to dedicate much of this article to security, but I'm afraid it's the world we live in. I'm hopeful that our vigilance, ongoing preparations, and training will prepare us for any potential threats; however, sticking together as a community, speaking up and remaining aware is really the best preparation there is.

As always, please e-mail me at bnaitikvahpresident@gmail.com if you have ideas for making B'nai Tikvah the synagogue you're proud to call your spiritual home.

B'Shalom

Dan Lapporte

# Mazel Toyl

To Rebecca Bauer-Kahan for winning a seat on the California Assembly, District 16!

On the Birth of Isaiah Mason Bevitz (9 pounds, 21 inches) Born at 12:40 a.m. on 1/18/19. Mazel Tov to his parents, Patricia & Joshua!



# CHESED SEEKS NEW MEMBERS

#### Can you help?

The Chesed committee is a list of CBT congregants who have made themselves available to assist other congregants in time of need. Some of our activities include:

- •Providing rides to medical appointments;
- Providing meals on a temporary basis for those who have recently been ill or hospitalized;
- Visiting the sick;
- assisting elderly congregants with minor home maintenance tasks; etc.

We are always looking for new members to help share the load. If you are interested in joining us, please email Bert Gunter at bgunter.4567@gmail.com or call him at 925-247-4456. Thank you!



# Looking for a good book? Visit the newly organized CBT library AND search the collection ONLINE! A link is on the CBT Website "Learn" tab: https://tikvah.org/learn/

How about a mystery? Spend the week with Rabbi Small in the series by Harry Kemelman!



What did Rabbi Small do the rest of the week?

# RELIGIOUS SCHOOL

By Keren Smith

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religious school families, this evening took first place as the most valued program of the year along with Tikvah Tents, our annual camping trip (scheduled for June 1st, mark your calendars). Both these programs rated 4.8 out of 5, and we are excited to bring both back this year.

This year our 2nd annual Shabbat on the Block is going to be on February 22nd. If you have joined us last year I know you can't wait to join in again. If you didn't participate last year – I highly recommend you and your family participate – it is a magnificent evening. To sign up visit our website, tikvah.org, and go to the Engage page. While you can sign up to host or to be a guest in this potluck dinner, please consider hosting this year as we are looking for host families.

Lastly, while this is an incredible evening for our CBT community to deepen our connections to one another, on March 17th we have a community-wide Purim Carnival in which we get to see many more Jewish families in our great Jewish neighborhood and celebrate this fun holiday together. Purim Carnival, like last year, is going to be hosted at Congregation Bnai Shalom, our partner for this event.

# SUPPORT B'NAI TIKVAH THROUGH THE CBT GIFT SHOP

Do you have a B'nai Mitzvah approaching? Come see our selection of Tallitot! You can browse our inventory ONLINE!

Tap the shopping cart icon on the CBT Website.

Your purchases directly support CBT!



The Gift Shop is open on Sunday mornings when Religious School is in session or call Irene Korn or Kathy Jacobs in the office to make an appointment.

# CONTRIBUTIONS

#### **GENERAL FUND**

In memory of Lillian Weil Judy Weil In memory of Bert DeLowe

Larry DeLowe In memory of Ida Nankin

Alvin Trepper

In memory of Don Cherry, Arnold Cherry,

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In memory of Rita Berger

Sandy Gross & Paula Reinman

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In memory of David Gross and

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In memory of Geniya Hesin

Geniya Levikova & Carolos Trujillo In memory of Janet Rupley Church and

In memory of Molly Weiss Taner

Leslie & Bill Rupley

In memory of Avrum Girsch Malkov and

Fanny Malkov

Rakhil Sadetskiy

In memory of Jack Earl Houseman Phyllis Houseman

In memory of Burton Cohn and John Baruch

Annette & Michael Cohn In memory of Blanche Resnick

Carol & Matthias Kurzrock

In honor of Barbara Almy

Lynne & Albert Elizondo In memory of Irving Weinstein

Joan & Mel Weinstein

In memory of Henry Newman and

In memory of Mildred Newman

Stanley Newman

In memory of Shoshana Maizel Fogel

Yonina & Barry Bushell

In honor of Joelle Roberson's Bat Mitzvah

RoseAnn & Samuel Treger In memory of Rea Letush and Lillian Kornhauser

Nancy & Norman Friedman

#### **RABBI GUTTERMAN'S**

#### **DISCRETIONARY FUND**

In appreciation of Rabbi Gutterman Beth Riseman

In memory of Bernice Scharlach Lynette & Alan Scharlach

In memory of Samuel Teitelman and In memory of Moshe Teitelman

Carol Teitelman

In memory of Fred Rubin The Rubin Family

In memory of Fred Rubin

Alana Kleinberger

In honor of Talia Goldberg's Bat Mitzvah Lauren Ross & Michael Goldberg

In honor of the marriage of our daughter Bernadette & Nat Bitton

#### **CANTOR CHABON'S**

#### **DISCRETIONARY FUND**

In honor of Talia Goldberg's Bat Mitzvah Lauren Ross & Michael Goldberg

In appreciation of Cantor Chabon Mark Fickes

In honor of Jonah Goorin's Bar Mitzvah Roni Melmed

In memory of Bernice Sandler Carla Garrett

#### **RABBI ASHER'S EMERITUS FUND**

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In appreciation of CBT

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Sally Cohen

In memory of Dorothy Rosenbloom,

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In memory of Stanley Light Susan Light & Rob Weiner

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In memory of Millie Molho

The Tillie Molho Trust

In appreciation of Keren Smith Zaffy Welch

In memory of Mary Blumberg

Estelle Goldstein

In memory of Sarah Goldstein Estelle Goldstein

#### **SOCIAL ACTION FUND**

In memory of Shiela Salusky

Monica Salusky & John Sutherland

In memory of Isadore Dorin

Jana & Leonard Dorin (continued pg 7)

In memory of Leah Dorin Bettelman Jana & Leonard Dorin

In memory of Esther Leventhal

Diane & Victor Leventhal In memory of Barbara Ratner

Claire Bernardo & David Ratner

#### **HELP THE MORTGAGE FUND**

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The Tillie Molho trust

In memory of Harry Maslow

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In kindness to CBT

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In memory of Jean Kindall Kathy & Marc Beraer

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In memory of Bertha Kaplan

Samantha Youngman In memory of Jack Houseman

Valerie Thygesen In honor of the anniversary of Elizabeth's

Bat Mitzvah

Jane Enloe To Danielle & Zachary Robinson "Thank you for keeping me laughing and happy

every day of the year." Zaffy Welch

In memory of Edna Wittenberg

Mary Ann & Harry Wittenberg Religious School Poker Night

#### John Klein **LIBRARY FUND**

In memory of Rita Berger and In memory of Arthur Becker and Louis

Becker Susan & John Klein



# We acknowledge and thank the following members of Tikvah l'Atid, our legacy society:

Anonymous (7) Rabbi Raphael Asher and **Jennifer Rosenberg** Judith and Scott Barrall Tracy and Chanel Benhamou Marc and Kathy Berger Bernadette and Nathan Bitton Walt and Judy Blum Barry and Donna Brian Loren and Flo Burns\* Cantor Jennie and Steve Chabon Annette and Mike Cohn Tim and Andrea Dapper Ellen M. and Doyle R. Duree Pat and Chuck Eisner Barbara Fenichel\* Ellen Fenichel Carla Garrett Ruth and Larry Goldenberg Jared and Trish Goldin Randi and Todd Goldman Lawrence and Robin Gordon Alfred Gross Sandy Gross and Paula Reinman Barbara and Allen Grossman Joel and Holly Grossman Bert and Carol\* Gunter Tina Guterman and Douglas Polcin

Rabbi Rebecca Gutterman and Michael Simons losh and Kathy lacobs **Daniel Jones** Paul and Shirley Kadden Sharon R. Kantor and Gregory van Buskirk Susan and John Klein Dan and Juleen Lapporte Victor and Diane Leventhal Amy Lichtenstein Idelle Lipman Marcia and Harvey Maslin Alison Negrin David Ratner and Claire Bernardo Rayna and Richard Ravitz John and Susan Rubenfeld William and Leslie Rupley Rickie and Sandy Shaller **Cookie Svingos** Marc and Deborah Usatin Paula and Mike Weintraub Philip and Veronica Weismehl Zaffy Welch Howard and Lisa Wenger Robert and Nessa Wilk Mary Ann and Harry Wittenberg Samantha Youngman Brian and Kim Zagon

#### \*In blessed memory.

If you would like to remember CBT with a gift in your will, trust, life insurance, or retirement account, or in some other convenient way, please contact Sandy Gross (sandyfgross@gmail.com), Judy Blum (jblum925@gmail.com), Idelle Lipman (idelle.lipman@gmail.com), or Lisa Wenger (lisa.wenger@thomsonreuters.com).



## REFLECTIONS...

By Cantor Jennie Chabon

continued from page 1

this person was in jail for murder but they had stepped onto a righteous path? Would we turn them away? Would we sit in judgment, because we haven't done horrible, destructive, unforgivable things? And really, at the bottom of all these questions, would we tell them that they are not welcome because we believe our souls are more deserving of redemption than theirs? Who are we to decide who is deserving of salvation?

In the Talmud, in Masechet Kiddushin 40b1, we read: R' Shimon bar Yochai says: Even if one was an absolutely righteous man all his days, but he rebelled against God the last moment of his life, he has lost his earlier good deeds and is judged a wicked person, for it says: The uprightness of the righteous man will not save him on the day of his iniquity. And even if one was an absolutely wicked man all his days, but he repented at the last moment of his life, God does not remind him of his wickedness any longer, for it says: And the wickedness of the wicked man—he shall not stumble over it on the day he repents from his wickedness.

The Talmud is telling us that teshuvah, return, is forever attainable by every single person, no matter how terrible your actions may have been throughout your life. If you turn before the end of your life, then God will not put your sins before you as stumbling blocks to salvation.

Adin Steinsaltz takes this teaching even further, suggesting that repentance is not only eternally possible, it can actually transform sin into salvation: "The highest level of repentance...is reached when the change and correction penetrate the very essence of sins once committed and, as the sages say, create the condition in which a man's transgressions become his merits." What an incredible teaching! Not only are we capable of teshuvah, of returning to the people we have always wanted to be, until the day we die, but teshuvah also has the power to transform sin into a divine force for good. It is what he calls a "permanent possibility", a permanent reason to hold onto faith and hope at all costs.

I will admit that I sometimes feel afraid of what will happen if my pen-pal gets released and wants to meet me in person. Will my generosity extend to a real person in front of me, if I learn what put him in jail in the first place? Would my belief that we are just two people struggling in this world, one no better than the other, overcome my fear? I believe that it would. I believe that I would ask him to tell me what helps him to live a good life, what texts he turns to, what poems or songs, and also share mine. And then, one person to another, we would begin to forge the connection upon which the healing of the world depends.

## **UPCOMING PROGRAMS**

# Shabbat on the Block Friday, February 22



Join us for our second annual Shabbat on the Block. A fantastic evening of celebrating Shabbat with our CBT neighbors, meeting new people and deepening

our friendships. Shabbat on the Block is a Friday evening that we close the temple, and encourage all our CBT members to have a different type of Shabbat evening experience: a Shabbat meal with our friends. Members and families sign up and are grouped by neighborhoods to come together for a potluck Shabbat dinner. If you are interested in either joining a meal in your neighborhood or being a host please sign up at the link address below before the February 12th deadline. We appreciate your signing up early to help us in coordinating all the logistics involved in this event.

We encourage you to consider hosting in your house, as we have thus far a limited number of people who volunteered to host. This event is only possible with host families as well as guest families.

Please contact Keren Smith if you have any questions and sign up on Tikvah.org/engage

### Israel Engagement Committee Update

Save the date: The Israel Engagement Committee together with Contra Costa Midrasha is hosting a Summer Mifgash [Encounter] which aims to bring together Israeli and American-Jewish teens here at B'nai Tikvah. June 6 -12, 2019, local Jewish teens from the Contra Costa region will host and travel with Israeli teens throughout Northern California on day-long bus adventures from B'nai Tikvah to places like San Francisco, Six Flags, Stinson Beach, Silicon Valley, Pixar and more and an overnight retreat designed to bond the teens, deepen their Jewish identity and offer a fun and unique way to engage Jewishly.

Do you have a teen in your family? If so, would you like to be part of the hosting families? Do you have a teen in your family that you want to participate? We are looking for <u>families with teens</u> to host 2 Israeli teens in their homes during their one week stay. If not, can <u>you</u> help be a driver for our guests? We will be taking the bus to and from CBT, but will need drivers, dinner hosts, etc.

Contact Julia Babka-Kurzrock at <a href="mailto:roadpir8family@gmail.com">roadpir8family@gmail.com</a>

See a video made by Midrasha teens as a video outreach to the Mosenson Youth Village High School in Hod HaSharon, Israel: <a href="https://vimeo.com/290383416">https://vimeo.com/290383416</a>





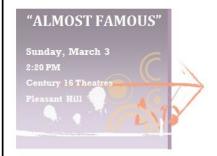


#### With Cantor Jennie Chabon

Join us for fun, interactive and informative learning sessions on a wide range of Jewish topics.

Bring a brown bag lunch! 12-1pm Feb 12, 26; March 12, 26

In the Social Hall



Pre-admission: \$13 Admission-at-the-door: \$14

For group & student rates: 925.895.3605 eastbayjewishfilm.org





## SERVICES AT CBT



Our fourth Friday night Shabbat service will feature a teaching or presentation from Rabbi Gutterman on aspects of Jewish life that you – our congregants – have asked about through the years.

Mark your calendars now for this great program of learning and discussion together!

March 22, April 26, May 24

All Fourth Fridays begin at 7:30pm.

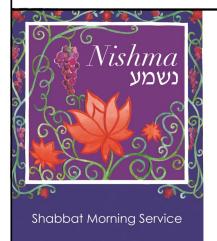


"The only language that seems to be compatible with the wonder and mystery of being is the language of music" Abraham Joshua Heschel

Join Rabbi Gutterman and Cantor Chabon for a **joyous Shabbat service** featuring live music, song, & prayer.

2nd Fridays, 7:30pm at CBT.

February 15, March 15, May 17



# Nishma~We Will Listen

Join us on the second Saturday for a Shabbat morning musical worship experience with Cantor Chabon featuring live music, song, and prayer.

February 9, March 9 & May 11, 2019 at 10am

Families are welcome and there is Shabbat programming for children.

Oneg follows.



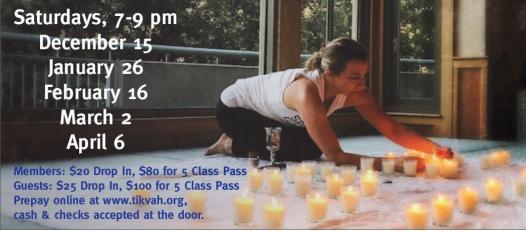
# Kavanah Yoga Havdalah Series with David Moreno & Cantor Jennie Chabon

at Congregation B'nai Tikvah, 25 Hillcroft Way, Walnut Creek



Looking for a Calendar?
Want to see the latest

updates, event
information and clergy
reflections?
Go to our website!
www.tikvah.org



# Join us for the CBT

# **BLOOD DRIVE**

SUNDAY, MARCH 10, 2019 9:00 AM - 2:00 PM BLOODMOBILE 25 HILLCROFT WAY WALNUT CREEK, CA 94597

To schedule your appointment please visit vitalant.org and click donate. Use your unique sponsor code: CBT Questions contact: Phil Weismehl at phinicky@ astound.net

Can you do the mashed potato?

Twist and shout?

SAVE the DATE for our 2019 Gala!



# Family First Fridays at CBT

Tot Shabbat, Family Shabbat and Community Dinner

Bring the kids! Sing and pray! Enjoy a meal! Come be together for Shabbat!



February 1st & March 1st

5:30-6pm Tot Shabbat Service in the Sanctuary A warm, playful service full of songs, stories and simple prayers perfect for children 5 and under 5:45-6:30pm Community Dinner in the Social Hall

A delicious, healthy meal (meat). \$10/adult, \$5/kid, \$30/Family, children 3 and under are free. No RSVP required.

6:30-7:15pm Family Shabbat in the Sanctuary A fun, family-friendly service with interactive stories, prayers and melodies religious school children will recognize and everyone will enjoy.

# We need your help!

The success of our biggest fundraiser of the year depends on all of us!
What would YOU like to win at the GALA auction?

Do you have an idea or connections to a vacation rental, tickets, a service or item someone might go crazy over?

Email Kathy Jacobs and let her know! office@tikvah.org

# CONTRA COSTA MIDRASHA

By Devra C. Aarons, CCM Director

Dear Community Friends,

We look forward to seeing you in person at **CCM's annual Gala!** "Havana Nights" happening on Feb. 23, 2019 (6:30pm) at the Lafayette Veterans Memorial Hall. Join us in your Havana Whites or Caribbean Color threads for an exciting evening featuring a Midrasha Mojito, wine, pescatarian Cuban-style feast, live and silent auctions, music and Dessert Dash and more. Don't miss it! Tickets or Information: ccmidrasha.com/gala

Our Winter was amazing, featuring:

- Hanukkah celebration that included latkes, sufganiyot and candle lighting, our annual "adopt a family" campaign in partnership with Shalom Bayit and an ugly Hanukkah sweater contest!
- Our Better Together intergenerational program filmed nine interviews with elders living at Reutlinger. Join us for our annual Film Festival on March 24th!
- CCM's Hamsa Fund (our Teen Philanthropy Board) started their fundraising campaigns, with a mission focused on public health. Be on the lookout for their requests!

What we are excited about for February and March:

- Did we mention our "Havana Nights" Gala? Join us Feb.23rd!!
- ◆ A Purim party in partnership with BBYO, sponsored by the CCJCC. Teens are invited to join us on March 16 from 6-10pm at Beth Chaim for a Neon Purim Party! <a href="mailto:ccmidrasha.com/purim">ccmidrasha.com/purim</a>

Did you hear our amazing news? **The Israelis are coming!** Their tickets have been purchased. Since our last communication, the dates have changed to **June 17-24, 2019**. We're calling it the "Israel Mifgash Adventure." Mifgash in Hebrew means encounter and this is a chance for the two groups of teens to build relationships and connections with Israel through awesome adventures most teens want to spend their summers doing anyway! **Sign up to host an Israeli teen for the week and/or sign up your teen to participate at <a href="mailto:ccmidrasha.com/mifgash">ccmidrasha.com/mifgash</a>.** 

For more information about any of our programs or to rsvp for an upcoming program, visit us at <a href="www.ccmidrasha.com">www.ccmidrasha.com</a> or drop me a line at 925/944-4701 or my NEW e-mail address - <a href="devra.aarons@ccmidrasha.com">devra.aarons@ccmidrasha.com</a>.



# Guided Meditation for Healing, Stress Reduction and Relaxation with Gerri Levitas

Sunday, February 10th, 5-5:30pm at CBT

Come join us for connection, support and peaceful relaxation. You will feel uplifted and renewed! The Guided Meditation class will be held the 2nd Sunday of the month in the Library from 5-5:30pm (with the exception of May due to Mother's Day).

Save the Dates: March 10th, April 14th, May 5th and June 9th!



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**CHANGE SERVICE REQUESTED** 

For membership information, please contact the Temple Office at 925-933-5397.

## B'nai Tikvah's 2nd Annual Epic Purim Party

in collaboration with Congregation B'nai Shalom **Wednesday**, **March 20th**, **6-9pm at CBT** 

Join us for an epic costume party featuring a remixed Megillah, surprise special guests, drinks, dancing and fun for the whole family!



## **Save these Dates!**

Saturday, February 23<sup>rd</sup> for the **Midrasha Gala**....Sunday, March 17<sup>th</sup> for our **Purim Carnival** Wednesday, March 20<sup>th</sup> for an **Epic Purim Party**....Saturday, April 20<sup>th</sup> for **Passover Seder** Saturday, April 27th for **B'nai Tikvah's Gala....**Sunday, May 5<sup>th</sup> for **Israel Live**